

TAU LAMBDA SIGMA

alumni newsletter



(row 1): Grace Horn, Emily Haynes, Candice Bobbitt, Brandy Clough, Abbi Tyree, Hannah West, Jasmine Walker, Hannah Moravec (row 2): Ava Pacheco, Brittney Swope, Lairyn McGregor, Breanne Whited, Jack Holcomb, Autumn Smith, Rosemary Truman, Julia Carr, Chelsea Rickman

CONGRADULATIONS to our most recent alumni!

Grace Horn - Psychology
Kaitlyn McManus - Health Science
Ava Pacheco - Music Performance
Kaylie Tuttle - Communication Disorders
Hannah West - Psychology
Candice Bobbitt - Finance & Accounting
Rachel Foster - Communication
Lairyn McGregor - Communication
Autumn Smith - Psychology
Hailey Benoist - Exercise Science
Julia Carr - History
Brandy Clough - Exercise Science
Collen Dorsey - Psychology

Trudi Gatteys - Exercise Science
Emily Haynes - Computer Science
Hannah Moravec - Nursing
Chelsea Rickman - Biology
Belinda Sell - Biology
Brittney Swope - Communication Disorders
Amanda Tepen - Nursing
Rosemary Truman - Psychology
Abbi Tyree - Communication
Jasmine Walker - Accounting
Breanne Whited - Justice Systems

Thank you all for your outstanding contributions to this university and this organization. We will miss you all, but we couldn't be prouder of your accomplishments!

“ TLS has taught me how to break out of my shell and open my heart to new experiences, worldviews, and opportunities. This organization and especially the women in it have helped shape me to be the person I am and develop a heart for serving others daily. I am so thankful for all of the friendships I made during my time in TLS and the love and joy all of my sisters brought into my life.” -Colleen Dorsey

“ I've loved my time in TLS. I have no doubt that my Truman experience would have been much more dull without it. I have made so many good friends, and have so many memories that I'll cherish for years to come. I know that it can sometimes be hard to see past all of the drama that comes with being in a sorority, but know that if you do, you have a group of women that will support you no matter what you do and will be there for you when times get tough. Put yourself out there, and you won't regret it.” -Emily Haynes

SUMMER

ARLINGTON VA



- **allie shetler** (Σ)
 - internship: employee benefits communication and digital operations at the national rural electric cooperative association

“Truman prepares us immensely well when it comes to internships and jobs. And even though Truman is so hard and we hate it half the time, you'd be surprised at how well prepared we are because of it.”
 -Allie Shetler

“My favorite part has been meeting so many new wonderful friends from all over the U.S. and the world.”
 -Allie Shetler

CANADA

- **maddy mcraeven** (Σ)
 - au pair: lives with family and takes care of the kids from 7:30 to 6, hikes up and down blue mountain with a four-year-old on her back



participated in a race on blue mountain that was 67% uphill with 18 obstacles, and placed 16/109 in her division and 301/963 overall. go maddy!!!



“The milk comes in bags, everyone speeds, and I've started saying eh (pronounced "aye?"). I've learned how to cut a bag of milk properly and how to entertain a four-year-old all day. Also, I've learned how to have a normal sleeping schedule.”
 -Maddy McRaven

COSTA RICA

- **kathryn livengood** (Λ) & **emily desmond** (Λ)
 - spanish study abroad
 - what they did: took classes during the week and went on various excursions over the weekends such as volcanos and coffee plantations

“I've learned so much already, not just in school. I've noticed a huge improvement in the way I speak the language and I've honestly surprised myself with how much I'm capable of.”
 -Emily Desmond

“Everyone here is very nice and relaxed (my mom is always telling me "tranquila, tranquila!") and they just enjoy things. There is a famous saying here 'Pura Vida' and I like seeing how everyone here lives.”
 -Kathryn Livengood



“If you ever get the chance to travel to a new country, do it! I have a new appreciation for the way people live in other countries and the way I live in the U.S.”
 -Emily Desmond

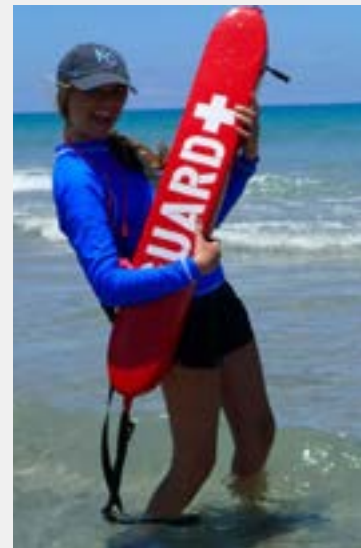


FLORIDA

- **erin twenter** (Λ)
 - internship: public relations for MacArthur Beach State Park
 - duties: press releases, photography, making a snapchat geofilter, updating social media, lifeguarding, part-time marine biology camp counselor, getting snorkel certified, watching the sea turtle nesting process



“The craziest thing that's happened is a shark was swimming toward the children and we had to calmly lead them out of the water without letting them know the shark was right there. It did that thing where the fin is out of the water like on Jaws.”
 -Erin Twenter



“Also, I live in an RV and it sucks but it's an experience I'll never forget.”
 -Erin Twenter

AFRICA

- **emily knipp** (Λ) & **erin tully** (Λ)
 - biology study abroad: conservation of large african mammals
 - what they did: worked on a game farm with hunting and breeding programs with wildebeest, giraffe, and oryx, travelled to St. Lucia and saw hippos and swam in the Indian Ocean, learned about conversation practices, South African culture, and how to work closely with large animals



"T(REE)LS"

“I definitely loved getting to work outdoors all the time and work with these amazing wild animals while being immersed in a completely different culture with one of the best groups of people I've ever met!”
 -Emily Knipp



EUROPE

- **autumn smith** (Σ)
 - vacationed with her high school friend and her brother to amerstam, switzerland, rome, italy, milan, and many other cities in europe



“They made me climb a mountain and it was one of the worst experiences ever. I literally thought I was going to die, but I climbed it and back down.”
 -Autumn Smith

“We took a night train to Switzerland and you have beds and a servant that brings you things, it was so cool.”
 -Autumn Smith



“When you go skydiving, it feels like you just did a bunch of drugs. It gives you such an adrenaline rush.”
 -Autumn Smith



“Besides getting married to my best friend, my favorite part about the day was celebrating with our friends and family. I had 2 former pandas as bridesmaids: Quincy Evans, and Anna Kleppe and they both traveled across the country (Tennessee and Florida) to help make my day perfect. It was touching to see so many TLS girls smiling and waving at me as I exited the sanctuary as Mrs. Wagner and watching them cut it up on the dance floor.”

“My advice for anyone planning or thinking about planning a wedding: relax, the day will come and go and it is a lot of fun (And stress) to plan it, but what matters are the days and years afterwards. If something doesn't work out the way you planned, roll with it! At my wedding, my florist forgot the groom's boutonniere, it rained during pictures, and my sister almost got into a fight with a dj, but it all turned out FANTASTIC.”



CHELSEA (RICKMAN) WAGNER
married on June 13, 2015

Rachel is working at Lee A Tolbert Community Academy in Kansas City for the Teach for America program while simultaneously studying as an education grad student at UMSL. She is also working at the same school as her mom!

“My favorite part so far is how loving and smart my kiddos are! I have 24 students in my class and even in the most challenging moments, they always seem to say something that melts my heart and makes all the hard work worth it.”



RACHEL FOSTER
teach for america

“Because TeenWorks is so young, the work I am doing truly makes a difference in shaping the future of the organization. With so much influence at TeenWorks, it means I have a real opportunity to influence change in the Indianapolis community...On the flip side, this same factor is also a challenge. While it's exciting to be creating all policies and procedures, it's also very difficult to be building new programs while also documenting current ones. It can make things feel a little wobbly some times.”



CAIT POTTER
program development manager at teenworks

“Basically, if an app crashes and customers aren't able to use it, I'll be one of the many people hunting through the dark corners of MasterCard's servers in order to figure out what went wrong and where.”

“I had a fantastic time during my internship there last summer, and I am very honored that they asked me to come back. I'm definitely nervous that once I get there, I'll have no idea what the heck I'm supposed to be doing or how I should do it, but I think it'll all work out.”



EMILY HAYNES
associate engineer at mastercard

»» I would love to hear what more alum are doing! Contact me at kmb4617@truman.edu to update me on your life!!

WHAT YOU'RE UP TO



helping out at ryle freshman move in day



big/little reunited



truman week picnic for freshman



new roomates!



truman week frat hopping



“The most exciting part has been seeing the beach, feeding birds as they landed on me, and exploring Old San Juan. Looking forward to visiting the rainforest and more beaches! The hardest part is probably getting robbed and it not being the safest city.”

WHAT YOU'RE UP TO

FLASHBACK

MULTIPLE BENEFITS

despite their small size and selectivity, members of local service sorority tau lambda sigma find advantages while reaching out to the community

For the members of the service sorority Tau Lambda Sigma, small numbers meant closer friendships. With 28 active members and 18 pledges in the fall of 2001, TLS was smaller than other service organizations, but members generally found the size to be an advantage.

"I think it's a benefit because we know everyone really well," sophomore Rachel Henning said.

Senior Traci May, vice president, said the group's size resulted from being more selective than larger service organizations.

"We're intentionally small," May said. "We function better."

TLS chose new members through recruitment and a voting process. Once selected, the members met for service, sisterhood and social events.

Sophomore Allison Dougherty said occasionally the group's size was a detriment.

"I think sometimes because we're local and small, people don't take us as seriously, so we have to make sure we're on the ball, serving the community and not just trying to have Greek letters," Dougherty said. "Being smaller means we have to work harder to prove that we're legit."

May said some large-scale service projects required more people than TLS could provide, but with every member contributing a required 15 hours of service per semester, the community benefited from TLS's efforts.

TLS's main philanthropy was the American Cancer Society, which was selected after one of their alumna members was diagnosed with cancer. The group participates annually in Relay for Life, raising at least \$1,000 each year for the American Cancer Society.

Originally in their charter, the group applied to be a social/service sorority, but that category did not exist. The group declared themselves a service sorority, but still participated in the same activities of social sororities, including formals, Lakeside Revue, Homecoming and sisterhood events.

"We have a lot of fun together," Henning said.

Members saw social and sisterhood activities as not only fun, but as a necessity for success in service.

"Without a bond with other members, events won't go as well," Dougherty said.

The group made equal effort to raise money and provide service.

"... we walk in the CROP walk to show support and we also try to raise money for it," Dougherty said.

Other service work included donating canned goods to food pantries, visiting the Adair County Humane Society to play with the animals, raising money and tutoring elementary school students.

As a new member in 2002, sophomore Jessica Radinsky was happy to find a group of friends with a focus on service.

"I love it so far," Radinsky said. "All the girls are very genuine and we have a lot of good causes we work for."

Corinne Brinkerhoff
Contributing Writer

tau lambda sigma

an article about us from the 2002 echo, when we had less than 50 members!



SEPTEMBER

S	M	T	W	R	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21 Recruitment	22 Recruitment	23 Recruitment	24 Recruitment	25 Pinning Bid Night	26
27	28	29	30			

NOVEMBER

S	M	T	W	R	F	S
1	2	3	4	5	6 Alum Weekend	7 Alum Weekend Bar Crawl
8 Alum Weekend	9	10	11	12	13 Initiation	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER

S	M	T	W	R	F	S
				1	2 Truman National Spirit Day	3
4 Homecoming	5 Homecoming	6 Homecoming	7 Homecoming	8 Homecoming	9 Homecoming	10 Homecoming
11	12	13	14	15	16	17
18	19	20	21	22	23	24 Service Retreat
25	26	27	28	29	30	31

DECEMBER

S	M	T	W	R	F	S
		1	2	3	4 Sigma	5
6	7	8	9	10	11	12 Graduation

CALENDAR